

World Power Method

Coach Mission 1: Welcome to the Academy



Quick Summary:

BIG Idea: Coaching is the act of helping another person or team to play better and win on their own terms. As we move beyond the Industrial Age of Work into the Connected Age of Play more and more people are yearning to Play a BIG Game in Life. They need a winning environment from World Power coach to do that. They need YOU!

This month you will practice the World Power Method where you design with your players a vibrant sustainable success academy. You will practice co-creating Power Patterns and then use them to upgrade their 9 Environments of YOU.

Capture Coach Power: Study the brief overview of the World Power Method and make a bold plan to conduct 21 World Power Coaching conversations this month. These conversations can be with your players, colleagues, team mates, friends, family ... ANYONE with a BIG GAME worth playing.

Game Action: The game action is to have 21 coaching conversations where you define the BIG Game with the player and then use the World Power Method to co-create their "Sustainable Success Academy" using Power Patterns. You will also practice upgrading their 9 Environments of YOU which can sometimes bring up Inner Resistance and other fun coach-able challenges.

The important mind shift is when the player begins to experience that their environment is on THEIR team rather than seeing it as an obstacle!

BIG WIN: There are 2 Big wins. The first is when a player agrees to be your World Power practice player for 12 sessions. The 2nd BIG WIN in Coach Power is when your player sends you a letter (or voicemail, email, FB or text) of thanks regarding the benefit or breakthrough caused by their Sustainable Success Academy!.

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Quick Game Plan to Capture COACH POWER

- 1) Find the Fun!
- 2) Study the World Power Method. Then make a bold plan.
- 3) Your game action for Coach POWER – The 21 Coaching Sessions.
- 4) The BIG WIN for Coach Power

1) Find the Fun!

Designing Environments is FUN!- We LOVE to design and build things!

Zapping Tolerations is energizing – When something is messy, broken or missing it creates an energy drain. The good news is that cleaning it up, fixing it or finding it creates an energy boost which is a LOT of fun.

Transformations from worker to player

Industrial Work Mindset (the old way)...	Spirit of Play Mindset (the new way)...
The environment is a resource to be exploited OR an obstacle to overcome	Each person has a personal environment that is a reflection of who they have been. AND it can be designed to create a picture of who you want to become.
If you don't get the results you want, you have to work harder.	Humans are formed by their environments. By leveraging the human capacity to adapt you can allow yourself to evolve in significant ways by finding or creating a winning environment. As your environment evolves you, winning will get easier and easier.
Your success is totally up to you.	You can delegate your success to your environment.

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2) Study the World Power Method and make a BOLD plan

In class we will practice the 9 steps of the method. Here is a quick overview:

Design a Sustainable Success Academy

In your first few World Power Sessions you are going to introduce your player to their own Success Academy... The World Around Them. Is it helping them become a great player in the game of their life?

Probably not. So some changes will have to be made.

You will use the first few steps of the World Power Method to do this...

Step #0) While you are coaching your player, you reveal situations where their environment is an obstacle OR something is missing. Or an overall sense that they are using a LOT of willpower to get things done.

Imagine that there was a success academy perfectly designed for your player's BIG game in life. It had everything they would need to build toward sustainable success:

Coaches (including YOU), knowledgeable and caring teachers, interesting colleagues, lots of challenges that test their skills and resourcefulness, the right places to explore, and all of the subtle elements that "program" your player's subconscious mind for deep confidence in themselves.

Well, if you can imagine it, then you can coach your player to design and create it! That is what the World Power Method is all about!

Step #1: Design Your Sustainable Success Academy

You imagine that you are creating a success academy for someone to become a great player in their game; a place where YOU feel alive and the game is really alive. And you become a great player naturally just BEING in this environment and responding to everything that is happening around you.

Remember the basic components of an academy:

- coaches (including YOU),
- knowledgeable and caring teachers,
- interesting colleagues,
- lots of challenges that test their skills and resourcefulness,
- the right places to explore, and
- all of the subtle elements that "program" your player's subconscious mind for deep confidence

Step #2: Create Power Patterns for who you will become

A pattern language is a phrase that captures the pure essence of an experience.

You know it when you feel it. When a pattern is used to design an environment it naturally replicates the essence of the pattern

Step #3: Scan the 9 environments - look in the mirror for patterns

The Environmental Scan is a powerful tool to methodically explore each of the 9 Environments of YOU with your player. This will enable you both to see the reflections of who they have been and see places

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where an upgrade is desirable.

Make a BOLD PLAN

The game is to have 21 Coaching Conversations using the World Power Method. These can be with your players or your clients, friends or colleagues; anyone who is playing BIG and would benefit from building a Sustainable Success Academy for their BIG Game.

You can also think of people you know are up to big things but seem “stuck”, frustrated or isolated. While we don’t like to think of coaching as an intervention for people with problems, in this case the “problems” are caused by the combination of a BIG Game and an Environment that is full of obstacles. This is different than people who just seem to have a lot of problems.

Remember! It is your choice as to whether you coach pro-bono or for a low fee while you are in the program. The coaching practice is more valuable than money at this point.

A person you know	How will they benefit from creating a Winning Environment?
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	

Update your game card by...

- 1) Click on the My Game button on the Game Bar.
- 2) On the left click on the link for the game you are playing NOW.
- 3) Click on the Power Up Button on your Game Card.
- 4) Find the Coach Power! Badge; Click on the Share icon.



*I just captured **COACH POWER** by making a BOLD PLAN to have 21 World Power Coaching Conversations this month. Whoa! Here is what I am most excited about...*

DONE!! You are now ready for the Coaching Challenge: 21 Inner Freedom Coaching Conversations this month!

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3) Your Game Action for COACH Power

21 Coaching Conversations!

OK, so the goal is to have 21 World Power Method coaching conversations. Every time you have one and then share about what happened on your game card you earn points in the game.

In class you will learn about Step 0 where you talk with a potential player about their big game and explore if their environment is supporting or hindering them. Help them see that willpower is not a sustainable solution to the challenges they are facing!

So to earn the maximum points you will start by having as many “Step 0” conversations as you can! This is where you identify people who are playing big AND experiencing environmental blocks.

Then as some of those potential players say “YES” to being your World Power Practice player, you can do the next steps with them as time permits.

Your goal should be to do a weekly World Power Session with 5 people AND do spontaneous World Power Method sessions with others to reach your total of a minimum of 21 every month.

Update your game card by

- 1) Click on the Game Action Button on your Game Card.
- 2) Find the Coaching Badge; Click on the Share icon.



*I just made progress in my **COACH CHALLENGE** by engaging in an World Power Coaching Conversation. Whoa! Here is what happened...*



POSSIBILITY!! Whenever possible, take a photo of YOU in action while you play your game and share it with the team on your game card!

4) The BIG WIN for Coach Power

The first BIG WIN happens when a player commits to an ongoing series of World Power Sessions with you.

Then the next BIG WIN Happens when your player sends you a note of acknowledgement about the value of the Coaching Conversation! The note can come in any form such as a voicemail, email, text, or facebook post; as long as it is a distinct acknowledgement.

So if they thank you during the coaching conversation, ASK THEM to send you a note of some kind to acknowledge what happened. It's good for you and it is actually better for the player to document the value they received.

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In the game you can record up to 10 of these for points. When you share a Big Win on your game card include some or all of what they said to you. (Make sure to maintain confidentiality for the individuals involved)

Update your game card by

Tell everyone what happened. Consider making it a highlight.

- 1) Click on the Big Wins Button on your Game Card.
- 2) Find the Coaching Badge; Click on the Share icon. Share the details about what happened!



COACH CHALLENGE. *Yeah! i just got a "YES" from a great player to be one of my World Power Practice Players. Here are the highlights of my players BIG GAME...*

*I just received a "WOW" (aka acknowledgement) from one of my Inner Freedom players and scored a BIG WIN in my **COACH CHALLENGE.** Yeah! Here are the highlights...*